
STAGE INTRO

Challenging people to help them achieve peak performance is at the heart of everything Urs Koenig does.

After a championship career as a skier in Switzerland, he won numerous races and set several course records as an ultraendurance cyclist and ultra-marathoner in races around the globe.

Along the way, he served as a widely published professor at multiple universities in Switzerland, the U.S. and Australia. During his 20 years as an executive coach and speaker, Urs has helped hundreds of leaders and dozens of executive teams across four continents to embrace leading with Radical Humility.

In 2017 Urs embarked on a new leadership adventure, serving as Military Peacekeeping Commander in the NATO mission to the Balkans— at age 50. Most recently, at age 54, he served as a UN Military Peacekeeper in the Middle East.

Urs is still a passionate skimountaineering racer and a loving father of two teenage boys who make commanding soldiers look easy.

Ladies and gentlemen.....Urs Koenig